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Facebook: "NES: Keeping You in The Loop" Page

## September Newsletter

Sept. 16	School Picture Day
Sept. 16	Rebecca Schofield Kindness Day
Sept. 17	Golf Tournament Fundraiser
Sept. 19	Java Moose Fundraiser kicks off
Sept. 20	PSSC Meeting/Election at 6:00 pm at NES Library
Sept. 22	Terry Fox Walk at 1pm
Sept. 23	Gr. 3-5 SRC nomination forms due
Sept. 26	Playground Meeting at 6 pm at NES Library
Sept. 30	September Birthday Cupcakes
Sept. 30	Truth and Reconciliation Day (Orange Shirt Day)
Sept. 30	SRC Class Election Day

### Welcome Back

We are very happy to be back at school and we want to welcome our new kindergarten students as well as those who have recently moved to our area and hope you are adjusting to your new environment. We also are excited to have our former students back with us and with all the changes we hope you are adjusting to your new school procedures as well. Here is a list of our staff line up this year:

Kindergarten- Miss Coulter and Ms. Stone  
Gr. 1: Mrs. Morehouse, Mrs. Cernivz and Mme Medcalf  
Grade 2: Mrs. Morehouse, Mrs. Knox, and Mme Thomas  
Gr 3: Ms Michaud, Mr. Morehouse and Mme Rogers  
Gr 4: Ms Michaud, Mrs. MacFarlane and Mme Agrell  
Gr. 5: Mrs. MacFarlane, Mlle Jackman, and Mme Fox  
Gym- Mr. Dunn  
Music: Mrs. Graham  
EAs: Mrs. Richardson, Mr. Wilson, Ms. Forbes, Ms. Greer, Mrs. Blaney, Mrs. Schriver and Mrs. Landry  
Admin. Assistant: Mrs. Marr (Mrs. White for 6 weeks)  
Librarian Assistant: Mr. English  
Custodians: Mrs. Connor, Mrs. Barrett and Mrs. Wong  
Guidance: Mr. Powell  
Resource: Mrs. Priest  
Admin: Mrs. Fox (VP), Mr. Graham (Principal)

We urge you to take the time from your busy schedule to become familiar with our school handbook, as well as create a supportive home environment that will allow your children to excel. Thank you for your commitment to your child's education.

**WELCOME BACK  
TO SCHOOL**

### Safe Arrival

We follow a safe arrival program, where guardians are asked to contact the office to let us know if your child is absent before 9:00 am. Students whose parents have not called will receive a call from our system. A written excuse is required for absences. After 10 absences the principal will be in touch with a letter. Please try to book family trips during student breaks. The more time missed the further behind your child will get in their studies.

### School Website Facebook Group and Twitter

Please take time to check out the school website at: [www.nes.nb.ca](http://www.nes.nb.ca). There is lots of important information that is updated regularly for your information. Many school forms and documents are located there. Join us on Facebook under "NES Keeping You in the Loop" for all the latest info on events and activities taking part at our school. Check us out on Twitter @Nackawic\_NES!

### Truth and Reconciliation Day (Orange Shirt Day)

On September 30th NES will be recognizing Truth and Reconciliation Day at school, a day we encourage all students and staff to wear an orange shirt as we take time to have age-appropriate, meaningful conversation about the effects of Residential Schools. All Canadians can work together to create bridges with each other for reconciliation and reaffirm that all affected truly matter. Every Child Matters, then and now. We encourage you to join us as we commemorate residential school survivors and remember the children who did not survive. Students may wear any orange shirt on this day in support.

Terry Fox Run

Each year students at NES and their families do such a wonderful job of honoring the lives and the memories of those who battle or have battled cancer by raising funds and supporting the Terry Fox Run. The students at Nackawic Elementary will take part in a school wide walk on Thursday, September 22<sup>nd</sup> at 1pm. Students will be walking off the school grounds and, on the sidewalk, encircling the town and returning to the school. The permission slip issued for walking trips will cover this experience. We are asking that each student contribute a toonie to the cause. Donations of \$25.00 or more will receive a receipt. "If you've given a dollar, you are part of the *Marathon of Hope*." ~ Terry Fox

Meal Programs

This year Chartwells will be running our cafeteria for lunch and breakfast programs. Lunch meals will cost \$3, and breakfast is free. Programs will be in place to start on September 19<sup>th</sup>. Parents are asked to download the free Nutrislice app or visit Chartwellsk12.ca. Meals must be pre-paid and pre-ordered. You can choose to pre-pay weekly, monthly, or even daily before 8 am. All meals are healthy balanced meal choices and there are 2 options daily that vary throughout the year. You can cancel meals in advance from your order history. Kelly Morehouse will be one of the cafeteria staff and we are still looking for another worker. Please let us know if you are interested.

Volunteers

We love our volunteers, and we are able to have volunteers in schools this year. Welcome back! Volunteers must have an up-to-date criminal record check and Policy 701 form on file with us. There is also a package of information at the office that needs to be read and signed off on. Our Helping Hands form went home on the first day of school for you to look over and decide on how you might help. Teachers also may reach out to be a chaperone on a bus trip. We thank you in advance for your support.

PSSC

The Parent School Support Committee is an elected group of parents, a teacher and the principal who meet every other month to discuss school policies and school improvement. This year our meetings will be in person. Our first meeting is on Tuesday, September 20<sup>th</sup> at 6pm. If you are interested in being a part of this committee, please reach out to the school to let us know.

No Child Without.

If your child has a severe allergy or medical condition, Policy 704 states that they should be wearing a medical alert bracelet. The *No Child Without* program offers a free Medic Alert membership to students who attend school and are between the ages of 4 up to their 14<sup>th</sup> birthday. The Medic Alert membership.

- Gives emergency first responders immediate access to your child's medical information on their Medic Alert bracelet
- Enables first responders to quickly obtain up to date medical information by means of the child's Electronic Health Record through the 24-Hour Emergency Hotline.
- Communicates with the parent or emergency contact upon activation of the Hotline
- Allows free updates of the child's medical record as needed

Medic Alert identification alerts school staff, friends, coaches, and others about your child's medical condition should an emergency occur. To get your medic alert bracelet visit [www.nochildwithout.ca](http://www.nochildwithout.ca).

Allergies

This year we have children with nut allergies and therefore students may NOT have peanut butter and nut products in their lunches. Wow butter is allowed and is a good substitute but must be labelled. Any products coming to school with nuts or say "may contain nuts" will be returned home. Vachon cakes, Little Debbie treats, and 6pks of Ritz crackers with cheese are not nut free.

September Birthdays

Happy birthday this month to Isabella Harvey, Julia Agrell, Jase Pugh, Oscar Price, Claire Dixon, Landon Bernard, Xander Hatheway, Ellie Blakemore, Willem Elsinghorst, Esther Ingram, Olivia Brewer, Milan Connor, Sylvia Libby, Avery LeClair, Summer Ianni, Jayde Cronkhite, Caleb McKeil, Vaida McLaughlin, Eli Nicholson, Hailie Konkel-Welch, and Mr. Wilson. We will hold a monthly birthday celebration on September 30<sup>th</sup> where each person will receive a birthday cupcake compliments of J-Lynn's Independent Grocer.

Student Council

Students in grade 3-5 will have an opportunity to take on a leadership position by running in a class election. We will have a council made up of two students from each class. Nomination forms are due on September 20<sup>th</sup> and class elections will be on the 30<sup>th</sup> with a school election on October 7<sup>th</sup>. Information will be sent home to those interested.

Lice

A reminder that lice can be passed on person to person. We ask that you check your child at home and let the school know if anything is found. Please educate your child by telling them that lice is very contagious and spread through head-to-head contact and sharing of personal items such as combs and hats. We can all work together to minimize cases at our school. Our policy is to contact home if nits or lice are found so that a parent can pick up their child and treat them. Children treated who have nits or lice can return the next day and we will check them again upon arrival.

School Cash Online

Our school is ready to roll to use School Cash Online for the new year. You can pay for school fees, field trips, fundraisers, yearbooks, and school packs this way throughout the year. It is safe, quick, and easy. This increases efficiency and security by allowing you to make payments directly into our school account by credit card or debit. You can register at [district.schoolcashonline.com](http://district.schoolcashonline.com) or visiting our school website and navigate to the School Cash Online page. You will need your child's name and date of birth to register. Should you encounter any difficulties you can use the help desk at 1-866-961-1803.

Leader of the Day

We will select a Mindful Leader of the Day and post their picture on our display in the main lobby. Students will be selected by staff members in recognition of mindful leadership in academics, extra-curricular or outstanding behavior. A letter will be sent home with students selected.

Books for Bikes Golf Fundraiser

Each year, Granite Lodge #54 has donated 12 bikes and helmets to promote literacy at NES. To raise the necessary funds, this year they are hosting a golf tournament on September 17<sup>th</sup> at the Nackawic Golf Club. Four person teams can register with Jim Scarbro at 575-8417. The entry fee is \$200. There will also be a silent auction held at the golf club following the tournament and they are welcoming donations of items to be auctioned or even a monetary donation. Please consider donating or participating in the tournament to support this worthy cause.

Guidance

There are a lot of important wellness celebrations going on at NES this month. Friday, September 16<sup>th</sup>, at our weekly school assembly, we are learning about Random Acts of Kindness: Becca Schofield Day, and Terry Fox. As well, on Friday, Sept. 30<sup>th</sup>, we will recognize The National Day for Truth and Reconciliation, with students encouraged to wear an Orange Shirt. This year I will be at NES Monday, Tuesday, and Thursday, and if you need to reach me my e-mail is [robert.powell@nbed.nb.ca](mailto:robert.powell@nbed.nb.ca).

School Code of Conduct

All students at NES who were here last year have had lessons on Zones of Regulation. This program teaches students about self-regulation, which is also known as self-control, self-management, and impulse control. The lessons are designed to help the students recognize when they are in the different zones as well as learn how to use strategies to change or stay in the zone, they are in. This will be a tool that we will use and teach to our new students again this year. We also will continue with our 7 Habits focus. These habits are our school code of conduct, and we refer to them regularly. They include be proactive, begin with the end in mind, put first things first, think win-win, seek first to understand and then to be understood, synergize, and sharpen the saw. If you have any questions or would like more information, please let us know. We also teach our students to solve problems restoratively by repairing the harm they have caused through conversations.

NES Healthy Minds

Welcome back to school! We are still accepting donations to keep our minds healthy at school. We spend our donations on topping up lunches, snack foods, playground toys to play with at outdoor recess times and to support new initiatives for new playground equipment. Donations can be made to Mrs. Priest as she looks after buying items. Breakfast Program is being made and served by Chartwells this year as we have our cafeteria back. Meal programs for lunch are subsidized by a grant through the district, however, we are still supporting breakfast program with funding. "Thank you" goes out to our first and only donor so far this year, Judy McLaughlin. If you have any questions about our "Healthy Minds Program" or are interested in donating, please call Mrs. Priest at 575-6000.

Covid 19

Hopefully you have had a chance to read our handbook regarding this year's protocols. Any student with Covid will be required to go home and may not return until symptoms have improved and they have been fever free for 24 hours without medication. As well, they should be excluded until 48 hours after vomiting and diarrhea without medication. Students may choose to wear a mask to school if they desire.

Cross Country Run

NES will have a cross country team for grades 3, 4, and 5 this year. Students will have an opportunity to run during PE classes as apart of our fitness unit. Students who finish in the top 5 for their grade will be able to compete against other schools at the Big Axe Cross Country Invitational. More information to be sent home in the coming days. Our hope is that parents will also encourage and support their child in their training at home as well. Grade 3 students will run 1 km, grade 4 will run 1.5 km and grade 5 will run 2 Km.

Busses

Students are allowed 2 drop off locations unless parents live apart. This should be indicated on the student information form that went home. Students will not be permitted to be dropped off at a friend's home for sleep overs etc. Bus notes are required if a child is going to their alternate stop, and we need to know schedules for children going to two different permanent stops. If your child does not return home on time as planned, please call the school. Please allow 15 minutes after expected arrival time in the afternoons before calling the school looking for students who have not yet arrived – this allows for time delays such as: spare drivers new to a route, breakdowns that may occur on the road to get communicated, delays because of the driver dealing with behavior issues, students dawdling on the way home from the stop, etc. If a student is more than 15 minutes late getting home, then please call. And as always, we ask that parents be visible at afternoon bus stops. Drivers will not let students out if they do not see an adult at the home and they will be returned to the school for the parent to pick up. Also, students have been made aware of bus expectations as well as consequences for student misbehavior on school buses. Drivers will contact the parent regarding misbehavior and a bus suspension can be issued for serious offences. Please review bus rules with your child so their ride will run smoothly. Example bus note:

*Name: Charlie Sheen Grade: 5J  
Please send Charlie to his alternate bus stop today,  
Monday, September 20<sup>th</sup>  
Civic Address: 1234 Rte. 106 Hartfield, NB (Grammy's  
house -Sheila Munroe)  
Thank you,  
Victor Sheen*

Walkers

K-2 walkers will be taken to the sidewalk in front of the school between 1:50 pm and 2:00 pm. A parent or guardian must be present to receive them. The 3-5 walkers are dismissed between 2:40 pm and 2:50 pm to the sidewalk. The same rule applies to these students to have someone to pick them up or if they are walking home on their own and someone is at home, permission must be granted. A permission form has gone home to all walkers that is required to be filled out so we have up to date information on who will be picking your child up at dismissal or if in grade 3-5 they will be walking home on their own.

Friday Forum

This year we will have a weekly assembly on Fridays at 1pm to celebrate birthdays, leadership and to discuss kindness and bullying awareness. It will be a great time of learning together.

School Picture Day

Harvey Studios will be at NES on September 16<sup>th</sup> to take school photos. These photos are available to parents to purchase however, there is no obligation. The school uses these photos for identification purposes on cumulative records and rolodex cards. They may also be used on Emergency Medical documents, Leader of the Day, class composite and in the school yearbook or newsletter. Please be advised that the photographer is obligated to sign an agreement stating that pictures taken at the school will not be used for any other purpose than those stated above. A permission slip has also been sent home for staff or volunteer designates to take photos for our school yearbook, newsletters, and school promotion items for newspapers or slideshows. We will ask for your signature of approval before proceeding. Retakes will be available if pictures do not turn out the way you would like.

Becca Schofield Day

On September 16<sup>th</sup> we will be recognizing Becca Schofield Day; a day we take the extra time to discuss acts of kindness and how that can spread throughout our school. Classes will be discussing the origins of #BeccaToldMeTo and how with terminal cancer, fought through her illness and started a movement for good. Becca asked people to perform Acts of Kindness and share their good deeds with the hashtag #BeccaToldMeTo.

Soccer

NES will have a Co-Ed after school soccer league on Mondays starting September 26<sup>th</sup> and ending on a Monday October 24. No games on October 10<sup>th</sup> (Thanksgiving). Focus will be on game play and will run from 3-4pm. Students can be picked up at the back of the school. Sign up forms will go home in coming days. We are currently looking for a parent volunteer that could run an after-school soccer league for the K-2s. If you would be interested, you can contact the school at 575-6000 or email Mr. Dunn at [Stephen.dunn@nbed.nb.ca](mailto:Stephen.dunn@nbed.nb.ca).

Java Moose Fundraiser

Our first fundraiser of the year begins on Monday, September 19th and wraps up on Tuesday, October 11th. The top salesperson will receive \$50 dollars' worth of books from Scholastic and the top selling class will also receive \$50 dollars' worth of books for their classroom. All funds will go towards new books and technology for our classrooms. We thank you in advance for your support.

